

SAYSO HAWK NEWS

October 22. 2016

Ayso121.org

Bi-Weekly Newsletter

#4

How is it that we're into our hard to believe that we're not season, but that we're actually the time go?



seventh game already?! It's only over half way through the close to week ten! Where did

Hopefully your team has had tons of fun so far, and has been coming together to form the best team you can be! There's no shortage of support for all the kids, and it has been pure fun for us spectators to watch all of the players develop their skills and make new friends.

As kids grow from our Jamboree U4 level all the way through U19, AYSO becomes a way of life; as so many of us can attest. Starting as a player and being around such a positive environment makes the kids part of a close knit community. It's not just practices, and games, but also the example that is led for them.

Seeing parents excited and participating in their team makes a huge impact, so it goes without saying just how important you parents and family are. Whether it's the juggling act of dropping them off at practice, remembering to bring that snack, volunteering as a team parent or referee, or simply watching their game; YOU make an impact.

The big picture is what it's all about, so lets make this season continue to be one we won't forget!

Kelly Litvinoff

SAYSO Editor

PLAYSOCCER.



All Star Tryouts Are Here

When: October 22nd & October 29th

Where: Foundation Fields

Time: 2:00-3:30 pm

Boys & Girls U10-U14

EXTRA AND CHALLENGE PROGRAMS

Be on the lookout for tryouts!

What is EXTRA?

EXTRA is a program that offers organized soccer for players who want to play at a more competitive level. Club soccer teams are in place in many parts of the country, but for those who want to play harder and still be a part of AYSO, EXTRA is perfect.

What is Challenge?

Through the AYSO United program, AYSO Simi Hawks FC competes in the Cal South Soccer Association and plays against surrounding clubs in the Coast Soccer League.

AYSO has always been known by 'Great Soccer Starts Here' and now with the Challenge program it can stay here and grow. Building on AYSO's vision of providing "World class youth soccer programs that enrich children's lives," and staying true to our core philosophies of Good Sportsmanship, Positive Coaching, Everyone Plays and Player Development, these teams will offer paths for AYSO players to compete at some of the highest levels of youth soccer and further establish AYSO as the only "full service" – recreational to competitive – youth soccer organization in Southern California.

EXTRA Director: Gerardo Garcia Challenge Director: Jose Olivares

A SPECIAL THANKS TO CRONIES SPORTS GRILL AND ALL THOSE WHO ATTENDED THE BIG AYSO EXTRA AND CHALLENGE FUNDRAISER. YOUR SUPPORT HAS HELPED OUR TEAMS, AND WE **THANK YOU**

INTERVIEW CORNER

WITH DANYELLE RIPLING

1. How long have you been coaching? 14 years... That's been a lot of teams. I jump around from U8-U16.



2. What other things do you do with AYSO?

I do lots of things! I'm the Uniform director which I love since I get fun samples in the mail all the time. I organize SoccerFest in the spring which is a great event where the whole family can come play soccer. Im running the U4 Playground program, which is new this year. Seeing a bunch of 3 year olds running around with cones on their heads is just about the cutest thing ever.

3. Did you ever play soccer?

Yes, I started playing when I was 9. It was something I just happened to join since all my cousins played and I loved it right from the beginning. I played U10-19. I grew up with some of the coaches and referees that are still out here every Saturday.

4. What is it you love about soccer?

I like when you're coaching and you're thinking on the sideline where a player should be moving. Then a different player comes out of nowhere with an awe-some run that you didn't see coming. I love being able to see the kids creativity on the field.

5. What's your favorite drill?

The Color drill. Jorge showed it to me a couple seasons ago and I love it. I use it all the time. I like that it starts off simple and you can just progress it throughout the whole practice. As an added bonus it doesn't require any cone setup.



TIP OF THE DAY

Active kids need ________ adequate fluids for a healthy, well functioning body. Proper hydration is important for their energy level, concentration and physical endurance. Before a practice or a game, kids should drink about 12 to 16 ounces of fluid. During activity, kids should drink every 20 minutes or so-about a half cup for kids who weigh less than 90 pounds, and about a cup if they weigh more. If the weather is really hot or humid, they might need even more liquid.

Standings

Rank	Team	Win	Lose	Tie	Points
			GU12		
1	1	7	1	0	31
2	3	4	3	0	18
3	4	2	4	1	16
4	5	4	2	1	13
5	2	0	7	0	4
			BU12		
1	5	6	0	0	23
2	1	4	2	0	16
2	2	3	3	0	16
3	4	2	4	0	13
4	3	2	4	0	12
5	6	1	5	0	10
			BU10		
1	4	6	0	0	27
2	7	5	1	0	25
3	12	4	1	1	21
3	5	4	2	0	21
4	2	4	1	1	19
4	10	4	2	0	19
5	6	3	3	o	17
6	1	2	4	0	15
7	8	2	4	0	9
8	11	0	5	1	8
9	3	0	5	1	7
10	9	0	6	0	5
			GU10		
1	1	5	0	1	25
2	2	3	2	1	20
3	5	3	2	1	18
4	4	3	0	3	17
5	8	2	2	2	16
6	6	2	4	0	15
7	3	1	5	0	7
8	7	0	4	2	5

